

# Family Martial Arts Center

Student \_\_\_\_\_

Age \_\_\_\_\_ Student Number \_\_\_\_\_

## CHILDREN BLACK STRIPE

**I.D. Size Photo  
REQUIRED**

Test form, fee and  
picture are due one  
week before your test.

Num	Description of Technique	Grade
1	High Block, High Block, Spinning Inside Block, Middle Punch (Ulgool Makki, Ulgool Makki, Ahn Makki, Momtong Chiggi)	
2	Reverse Scissor Block, Low Knife Block, Middle Knife Block, Palm Block, Middle Punch, Low Punch (Bondae Gawee Makki, Arae Son Nal Makki, Momtong Son Nal Makki, Batan Son Makki, Momtong Chiggi, Arae Chiggi)	
3	Step Back, Inside Block, Jumping Inside Kick/Outside Kick, Middle Punch, Low Roundhouse Kick, Tumble Back (Ahn Makki, Edan Ahn Chuggi/Bakka Chuggi, Momtong Chiggi, Arae Doleyo Chuggi, Di Nak Bup)	
4	Form 1 (Poomsae Tae Geuk Il Jang moves 13-18)	
5	Dive Tumbling - 2 Persons Waist High, 4 Persons Low (Nak Bup)	
6	Self Defense 9 - (Ho Shin Sul)	
7	One Step Punch Sparring 9 - (Ilbo Son Kyurugi)	
8	One Step Knife Sparring 1 - (Ilbo Kal Kyurugi)	

Additional Assessment Items	
Discipline	
Effort	
Belt Meanings up to Cho Dan Bo	
Flexibility	

**Comments:**

Please return your test form within one week.

Examiner: \_\_\_\_\_

Result: \_\_\_\_\_ Date: \_\_\_\_\_