

Family Martial Arts Center

Student _____

Age _____ Student Number _____

CHILDREN BLUE STRIPE

**I.D. Size Photo
REQUIRED**

Test form, fee and
picture are due one
week before your test.

| Num | Description of Technique | Grade |
|-----|--|-------|
| 1 | Dive Tumbling (Over 1 Person) - (Nak Bup) | |
| 2 | Kicking Skills - (Line Drill - Hopping Up Chuggi) | |
| 3 | Jumping Skills (Jumping over belt-high staff) | |
| 4 | Review Self Defense 1-5 (Ho Shin Sul 1-5) | |
| 5 | Free Sparring (Kyurugi) | |
| 6 | Breaking - Side Elbow - (Kyuk Pa) | |
| 7 | Inside Crescent Kick/Side Knife – (Ahn Chuggi/Yup Son Nal) | |
| 8 | Outside Crescent Kick/Middle Punch – (Bakka Chuggi/Momtong Chiggi) | |

| Additional Assessment Items | |
|-----------------------------|--|
| Discipline | |
| Effort | |
| Physical Skills 12 P, 25 R | |
| Endurance | |

Comments:

Please return your test form within one week.

Examiner: _____

Result: _____ Date: _____