

Family Martial Arts Center

Student _____

Age _____ Student Number _____

CHILDREN CHO DAN BO

**I.D. Size Photo
REQUIRED**

Test form, fee and
picture are due one
week before your test.

Num Description of Technique Grade

1	Jumping Reverse Roundhouse Kick, Tumble 45 deg., Turn, Jumping Side Kick, Back Knuckle, Tiger Mouth, Axe Kick, Foot Stomp (Edan Bondae Doleyo Chuggi, Nak Bup, Edan Yup Chuggi, Ekwon, Agum Son Chiggi, Bakka Chuggi, Bal Jiroogii)	
2	Form 2 (Poomsae Tae Geuk Ee Jang)	
3	Self Defense Review - 1-9 (Ho Shin Sul)	
4	Self Defense Skills - 1 Minute Instant Creation (Ho Shin Sul)	
5	One Step Punch Sparring Review - 1-9 (Ilbo Son Kyurugi)	
6	One Step Knife Sparring 2 - (Ilbo Kal Kyurugi)	
7	Free Sparring: 2 on 1 - (Kyurugi)	
8	Breaking - Ridge Hand, Jumping Roundhouse, Low Roundhouse (Kyuk Pa)	

Additional Assessment Items

Discipline	
Effort	
Physical Skills (22 P, 45 R)	
Endurance	

Comments:

Please return your test form within one week.

Examiner: _____

Result: _____ **Date:** _____