

Family Martial Arts Center

Student _____

Age _____ Student Number _____

CHILDREN GREEN STRIPE

**I.D. Size Photo
REQUIRED**

Test form, fee and
picture are due one
week before your test.

Num	Description of Technique	Grade
1	Outside Block, Middle Punch - (Bakka Makki, Momtong Chiggi)	
2	Side Kick (Yup Chuggi)	
3	Low Back Thrust Kick - (Arae Di Chuggi)	
4	Low Back Hook Kick - (Arae Di Wholeggi)	
5	Jumping Reverse Roundhouse Kick - (Edan Bondae Doleyo Chuggi)	
6	Jumping Front Snap Kick, Palm Strike - (Edan Up Chuggi, Batan Son Chiggi)	
7	Dive Tumbling (1 Person) (Nak Bup)	
8	Breaking (Front Elbow) - Kyuk Pa	

Additional Assessment Items	
Discipline	
Effort	
Physical Skills 10P, 20 R	
Endurance	

Comments:

Please return your test form within one week.

Examiner: _____

Result: _____ Date: _____