

Family Martial Arts Center

Student _____

Age _____ Student Number _____

CHILDREN ORANGE BELT

**I.D. Size Photo
REQUIRED**

**Test form, fee and
picture are due one
week before your test.**

Num	Description of Technique	Grade
1	Inside Block, Middle Punch - (Ahn Makki, Momtong Chiggi)	
2	Ridge Hand, High Punch, Middle Punch - (Bondae Son Nal, Ulgool Chiggi, Momtong Chiggi)	
3	Aikido Rolls (Both Sides) - (Nak Bup)	
4	Falling Skills (Fall forward from standing position) - (Nak Bup)	
5	Animal Training – (Spider Walk, High-Knee Roadrunner)	
6	One Step Punch Sparring 2 - (Ilbo Son Kyurugi)	
7	Kicking Skills (Front Leg Front Snap Kick Speed Kicking) - (Up Bal Up Chuggi)	
8	Grappling - Back to Back	

Additional Assessment Items	
Discipline	
Effort	
Belt Meanings up to Orange	
Endurance	

Comments:

Please return your test form within one week.

Examiner: _____

Result: _____ Date: _____