

Family Martial Arts Center

Student _____

Age _____ Student Number _____

CHILDREN PURPLE STRIPE

**I.D. Size Photo
REQUIRED**

**Test form, fee and
picture are due one
week before your test.**

Num	Description of Technique	Grade
1	Falling Skills - Flip (Nak Bup)	
2	2X Low Block Middle Punch, then 2X Front Kick, Low Block, Middle Punch (2X Arae Makki Momtong Chiggi, 3X Up Chuggi, Arae Makki, Momtong Chiggi)	
3	Turn to side, Double Cross Low Block, High Front Snap Kick, Tiger Mouth, Knee Smash, Foot Stomp, Sweep (Du Pal Mok Arae Makki, Ulgool Up Chuggi, Agum Son Chiggi, Morroop Jiroogi, Bal Jiroogi, Arae Di Wholeggi)	
4	Hand/Foot Skills (Block/Punch/Kick Drill Both Sides)	
5	Blocking Skills (Blocker swinging at head)	
6	One Step Kick Sparring 2 (Ilbo Bal Kyurugi)	
7	Free Sparring - 2 on 1 (Kyurugi)	
8	Breaking - Back Elbow, Jumping Side Kick (Kyuk Pa)	

Additional Assessment Items	
Discipline	
Effort	
Physical Skills - 17P, 35 R	
Endurance	

Comments:

Please return your test form within one week.

Examiner: _____

Result: _____ Date: _____