

Family Martial Arts Center

Student _____

Age _____ Student Number _____

CHILDREN RED BELT

**I.D. Size Photo
REQUIRED**

**Test form, fee and
picture are due one
week before your test.**

Num	Description of Technique	Grade
1	Turn 180, Double Cross Outside Block, High Front Snap Kick, Spear Hand, Spinning Back Fist, Middle Punch (Du Pal Mok Bakka Makki, Ulgool Up Chuggi, Gwan Soo Chiggi, Di Ekwon, Momtong Chiggi)	
2	Front Tumble, Jumping Front Hook Kick, Side Knife, Uppercut Punch (Up Nak Bup, Edan Up Wholeggi, Yup Son Nal, Ulgool Chiggi)	
3	Form 1 (Poomsae Tae Geuk Il Jang moves 1-6)	
4	Turn- Inside Block, Middle Punch (Ahn Makki, Momtong Chiggi)	
5	Dive Tumbling - Waist High (Nak Bup)	
6	Speed Tumbling - (Nak Bup)	
7	Self Defense 8 - (Ho Shin Sul)	
8	One Step Punch Sparring 8 - (Ilbo Son Kyurugi)	

Additional Assessment Items	
Discipline	
Effort	
Belt Meanings up to Red	
Flexibility	

Comments:

Please return your test form within one week.

Examiner: _____

Result: _____ Date: _____