

# Family Martial Arts Center

Student \_\_\_\_\_

Age \_\_\_\_\_ Student Number \_\_\_\_\_

## CHILDREN YELLOW BELT

**I.D. Size Photo  
REQUIRED**

Test form, fee and  
picture are due one  
week before your test.

Num	Description of Technique	Grade
1	Fighting Stance – (Di Seogi)	
2	Front Snap Kick - (Up Chuggi)	
3	Balance Skills	
4	Falling Skills Fall forward from kneeling position (Nak Bup)	
5	Aikido Rolls - Left Side - (Nak Bup)	
6	Palm Strike Balance Battle	
7	Self Defense 2 - (Ho Shin Sul)	
8	Grappling - Back to Back	

Additional Assessment Items	
Discipline	
Effort	
Physical Skills (3 P, 5 R)	
Endurance	

Comments:

Please return your test form within one week.

Examiner: \_\_\_\_\_

Result: \_\_\_\_\_ Date: \_\_\_\_\_