

# Family Martial Arts Center

Student \_\_\_\_\_

Age \_\_\_\_\_ Student Number \_\_\_\_\_

## ALL AGES - 1ST DAN SUMMER II

**I.D. Size Photo  
REQUIRED**

**Test form, fee and  
picture are due one  
week before your test.**

Num	Description of Technique	Grade
1	NATURAL STANCE - Jump Back, Jumping Back Outside Kick, Jumping Reverse Roundhouse Kick, Tumble 45 deg., Turn, Side Knife, Low Roundhouse/Jumping Back Thrust/Grab, Punch - See Manual for Translation	
2	Creation Form - (12 Moves)	
3	Japanese Form 6 - (Kata Heian San Dan)	
4	Korean Form 6 – (Poomsae Taegeuk Yuk Jang)	
5	Headstand - 30 Seconds	
6	Self Defense 13, 14 - Ho Shin Sul	
7	One Step Punch Sparring 12 - Ilbo Son Kyurugi	
8	One Step Sparring Using Staff 1,2 - Ilbo Son Kyurugi	

Additional Assessment Items	
Discipline	
Meaning of Summer	
Terminology – 48 Words	
Essay - Perseverance	

**Comments:**

Please return your test form within one week.

Examiner: \_\_\_\_\_

Result: \_\_\_\_\_ Date: \_\_\_\_\_